Camp Herrlich Day Camp



Parent Handbook Summer 2016

Index

Welcome Letter	
Staff Directory —	
Communication —	
Schedule Changes —	
Camper Drop Off and Pick Up ————	
Early Pickup Policies ———————————————	
Reminders —	
Cell Phone Policy	
Information about Mud and Rain —	
A Word from the Health Director —	
Sunscreen and Bug Spray —	
Camper Groups ————	
Emergency Procedures —	
Food Service —	
Sample Daily Schedule ————————————————————————————————————	
Canteen Information	
Waterfront Information	
Camp Store Price List	
Anti-Bullying Statement	
Positive Behavior Management	
Inclusion Statement	
Camper Rules	
July Calendar —	<u>_</u>
August Calendar —	
July Menu	
August Menu —	



Dear Parents/Guardians,

Welcome to Camp Herrlich's Summer Day Camp! It is our expectation that your child(ren) will have a happy, healthy and exciting summer with us.

Important Things:

- For every child to grow in understanding and appreciation of the outdoors and natural surroundings that are found here at Camp
- For our campers to grow in understanding of their peers and the camp staff
- For the campers to participate in planning programs, establishing limits and responsibility for the safety and welfare of campers and staff
- For the campers to facilitate creative self-expression through thought, song, creative work, physical activity, and learning new skills
- For the campers to have a fun-filled, beautiful, and safe summer vacation!

We appreciate communication from parents and campers regarding these goals and how we can help your child achieve them so please do not hesitate to contact us at the camp office with questions or ideas.

In this handbook you will find lots of information to prepare you and your child for Camp, please refer to the index for a comprehensive page listing of information.

Camper T-Shirts will be distributed during the first few days of camp each week, the Camp Store will be open every day.

If you have any questions, please feel free to call the camp office at 845-878-6662. We are greatly looking forward to seeing you at camp!!!

Name	Position	Phone	E-Mail
Jessica Vanacoro	Senior Program Director	845-878-6662 x304	jvanacoro@campherrlich.org
Karen O'Leary	Registrar	845-878-6662 x301	koleary@campherrlich.org
Amy Emke	Day Camp Director	845-878-6662	aemke@campherrlich.org
Tyrell Davis	Program Director	845-878-6662 x307	tdavis@campherrlich.org
Scott Riches	Program Director	845-878-6662 x307	sriches@campherrlich.org
Chloe Bates	Summer Administrator	845-878-6662	cbates@campherrlich.org
Tracy Larson	Health Director	845-878-2071	healthcenter@campherrlich.org

Directory:

Communication

We want to hear from you and we want you to hear from us! These are the ways we will communicate with you:

- ¥ E-Mails Our e-mail comes from Constant Contact and will have jvanacoro@campherrlich.org as the reply-to address. Please make sure to add that address to your contact list so you get our e-mail. Also, feel free to e-mail us! If there is a change in pickup, schedule, unexpected doctor's appointment, or if you just want to check in on how your camper's day is going. Please e-mail us.
- ¥ Phone calls Please inform us of the most up-to-date phone numbers for your family. That includes anyone who is authorized to pick up your children and any emergency contacts in case we are unable to reach a parent or guardian.
- ¥ Face-to-Face at drop-off and pick-up Say hi to us! We want to get to know you and your family as well as your campers. This is the best time for our directors and staff to talk to you about how your child's day went. We know you are in a rush and want to get to work or home after a long day, and we will keep that in mind but we look forward to talking to you.
- ¥ Social Media Follow us on Facebook, Twitter, and Instagram. We will post photos from all of the great events and activities we have going on throughout the summer and the rest of the year. We are @campherrlich on Instagram and Twitter and <u>facebook.com/campherrlich</u>
- PLEASE do not send your children to camp with cell phones. They can have access at any time during the day to call you using the Camp office phone if they need to. You can have access at any time during the day to call them at the Camp office phone as well. Cell phones prevent the genuine, live interactions we promote here at Camp and they can escalate problems before a counselor even has a chance to solve them. Help us give your children a true Camp experience they will never forget and keep the technology at home.

Schedule Changes

If you need to change your schedule in any way, including adding weeks, cancelling weeks, adding or changing before or after care, please make sure to e-mail those changes directly to Karen O'Leary, our registrar, at koleary@campherrlich.org

CAMPER DROP OFF AND PICK UP

Important: You must have a <u>camper pick up card</u> with the names of the campers you are picking up in order to pick up campers. Please write the first and last names of the campers in dark marker in the spaces on the card and display it on your dashboard or hold it to your window so our staff can see it when it's time for pickup. Thank you!

Hours:

Summer Day Camp hours are from 8:45 AM to 4:30 PM. Please arrive **no earlier than 8:45 <u>AM</u>** for drop off and **no earlier than 4:15 PM** for pick up. We ask your cooperation in this matter for the safety and consideration of everyone on the camp property. If you arrive outside of those times, you will be asked to proceed to the parking lot by the basketball court to drop off or pick up your camper directly from the program office. Campers dropped off consistently before 8:45 or picked up after 4:45 will be billed for before and after care services. If you have an emergency, we are more than happy to accommodate your needs, just let us know through a phone call or e-mail.

Drop Off/Pick Up Procedures:

In the interest of safety for all children attending Camp Herrlich, and to alleviate potential traffic problems, please follow the procedures outlined below:

- <u>ALL</u> vehicles must enter Deacon Smith Hill Road from Route 311, regardless of which side of town you are approaching from.
- Make a <u>left</u> into the camp driveway and follow the directions given by the camp staff.
- Upon exiting the camp, make a <u>left</u> back onto Deacon Smith Hill Road, continuing to Fair Street.

Camp Herrlich has always enjoyed the benefit of peaceful relationships with its residential neighbors. The above flow of traffic allows the least amount of intrusion on our neighbors, as well as provides the safest avenue for the access of emergency vehicles.

Due to the volume of cars anticipated this summer, <u>we strongly encourage families to</u> <u>carpool when possible</u>. If you require more than one of these pick up cards for that purpose, please ask us for extras!

Authorization for Pick-Up:

Your *signed* **Parent Consent Form** indicates who is authorized to pick up your child, other than the child's parents. THIS WILL BE STRICTLY ENFORCED. If it is necessary for someone *other than the person(s) authorized* on the consent form to pick up, written permission from the parent/guardian is required. If the person picking up your child is unfamiliar to our staff, a photo ID will be requested. Please understand that this process is for the safety of your child as well as others at Camp Herrlich.

Before and After Camp Care:

Only campers pre-registered for Before and/or After Camp Care are permitted to be dropped off/ picked up outside the regular Day Camp hours.

When dropping off and picking up from Before and After Care, please park your car in the staff parking lot, turn off your ignition and walk with your child to Memorial Hall to the Before and After Care Director. Please note: After Care pick-up will require camper sign out and an ID check by parent/authorized person.

If you need to speak to one of the counselors or program directors at the camp, you are always welcome to do so. You will be directed by a staff person where to park your car and meet with the individual you wish to speak to. You are also encouraged to call the camp office at 845-878-6662 at any time with questions or concerns.

Early Pickup Policies

We will be allowing early pickups at the following two times ONLY (except for emergencies): 12:00 noon and 3:00pm.

If you will be picking your child up early, either at 12:00 noon or 3:00pm, please send a note in with your child in the morning, or e-mail the information to <u>jvanacoro@campherrlich.org</u>.

In the event of an emergency, call the camp office and let us know as soon as you can what time you need to pick up your child so we can get the information to their counselor and have them at the office for you.

Please drop children off at the 8:45am arrival time. If a child is late, it is difficult for us to get them to their group. Activities usually begin at 9:30am, attendance and announcements happen before that.

Regular drop off time is 8:45am, pick up time is 4:30pm. Occasionally we get down to the road before then but IT IS NOT A GUARANTEE! Please do not line up in the driveway before 8:45am or 4:15pm. It is a safety hazard and you will be asked to move. Please see the Drop Off and Pick Up Instructions for more information.

Thank you for your cooperation!

Late Drop Off

If you are dropping off your camper off after the staff and groups have come up from the driveway, you must walk your camper all the way to the program office so we can get them to their group.

REMINDERS

WHAT TO WEAR:

- ϖ Comfortable play clothes
- Please be sure that your child is <u>dressed appropriately for the weather</u>. If it's cool in the morning, a light jacket or layered clothing is fine, as long as they have a change of clothes for the warmer part of the day.
- ^π Sneakers or other closed toe shoes are a must. <u>Please do not send your child wearing</u> <u>sandals</u>.

Please send your children with their first application of sunblock and bug spray already applied.

WHAT TO BRING:

- ϖ A camp bag, backpack, or similar type carryall.
- σ A towel.
- ϖ A spare change of clothes, including socks, shoes, and underwear.
- A swimsuit. Please encourage your child to wear their swimsuit under their clothing in the morning. This allows more free-swim time for the entire group, avoiding delays taken to change twice.
- ϖ Water shoes if desired.

BE SURE TO LABEL ALL OF YOUR CHILD'S BELONGINGS.

Mt. Tremper Outdoor Ministries, Inc. and Camp Herrlich are NOT responsible for loss, theft or damage of personal items.

WHAT <u>NOT</u> TO BRING:

- Gameboy, DS or DSi, PSP, or other handheld electronics. CD players, iPods, or other portable music devices
- **ω** Expensive jewelry
- **ω** Glass bottles
- Cell phones Cell phones will be taken away from campers if they bring them. If you need to reach your camper or they need to reach you, the camp office is always available to everyone who needs the phone.
- ϖ Personal toys or sports equipment from home

If the above items are brought to camp they will be taken from the child and stored in a safe place until the end of the day.

Please don't hesitate to call the camp office at 845-878-6662 or e-mail jvanacoro@campherrlich.org if you have any questions or concerns. Any of the program directors will be happy to assist you.

Cell Phone Policy for All Campers

Camp Herrlich is a place for our campers to connect with each other, our staff, and nature. We strive to make the experience as authentic and fun as possible, and to do that - we need your help!

We want there to be face to face interactions at Camp. That means that we DO NOT ALLOW our campers to have their cell phones on them while they are with us. Please help us enforce this rule by having your child leave their cell phone at home or with you before coming to Camp.

If you have a sleepaway camper that is traveling to us on our bus, they are welcome to have their phones with them on the bus but they must turn them in when they arrive at Camp. Their phones will be kept safe in the office for the duration of their stay and returned the morning they leave Camp.*

- If you need to contact your child while they are at Camp, it's easy! Just call the Camp Office at 845-878-6662 and we will be able to get your child to the phone if it is an emergency.
- If your child needs to contact you while they are at Camp, it's also easy! They can come to the Camp Office and use our phones.
- If there is a health need the nurse will contact you.
- If there is a behavior need the program staff will contact you.

We have had, in the past, parents who encourage their children to hide their phones and keep them with them so they can be in contact during the camp days. This is a HUGE distraction for the camper and a detriment to the work that we do with them. Campers need to be able to interact, solve problems, ask for help from their counselors, and resolve conflicts both on their own and with the help of our trained staff. This process is not well served if a child texts their parent that they are having an issue before they tell their counselor. Please help us help your children grow and become mature and independent campers. We promise that we will inform you of any issues that are unresolved or that we need your assistance on.

*Camp Herrlich is not responsible for any electronics that are brought to Camp.

Some words about Mud...

"Mud-pies gratify one of our first and best instincts. So long as we are dirty, we are pure." - Charles Dudley Warner (American Editor and Author, 1829-1900)

Being outside and getting down and dirty in nature are important parts of the camp experience for children. It is so rare in our every day lives that we get to do things like go fishing or frog catching or roll around in the grass. Because children can and are encouraged to do these things at camp in a safe and supervised environment, they are going to get dirty! The "nature" of our program space is such that we do lots of things in the same spaces, for instance fishing and frog catching can take place in the same area of the lakeside. Therefore, we have to ensure that the children are safe from harm, aka. fish hooks, and we insist that they wear their closed toed shoes when going frog catching or hiking.

Long story short... Your children may come home with very muddy clothes and sneakers! Please make sure that they are wearing inexpensive, old clothes and sneakers to camp. We do our best to rinse them down before they get in your car at the end of the day but having a spare towel in the back seat may be a good idea.

And don't forget to check their pockets for frogs!

"The world is mud-luscious and puddle-wonderful."

- E. E. Cummings (American poet 1894-1962)

Some words about Rain...

"The best thing one can do when it's raining is to let it rain."

- Henry Wadsworth Longfellow

"When it rains at camp, you get wet!"

- Camp Herrlich Staff

It is so hard for us to keep children inside when it is a beautiful, (or not-so-beautiful,) summer rain! **Therefore, when it rains at camp, please send your children with rain clothes – a hat, a poncho, a rain jacket, rain boots, etc.** so that they feel like they are able to still play outside even when the weather isn't perfect. We will do our best to keep you updated on the weather via e-mail and notices sent home at drop off and pick up, but make sure you check the forecast!

If the rain turns to thunderstorms, we will make sure all the groups are under cover, safe, and entertained, until the storm passes.

"A rainy day is the perfect time for a walk in the woods." - Rachel Carson

A Word From the Health Director...

Dear Parents,

Welcome to Camp Herrlich! I am looking forward to a fun, safe and healthy summer and I need all parents and guardians to assist me with this. By now you all should have received or will soon receive medical information forms for your child. Prior to your child coming to camp, please make sure these forms are filled out completely with current dates, and are signed by you and your child's doctor. We also need proper consents for all medications including as needed and over the counter medicine.

*Children arriving to camp without proper medical forms will not be allowed to attend camp.

*Any medications required to be taken during your child's time at camp must have up to date physician's orders and come to camp in the original bottle with a pharmacy label prescribed to your child.

THIS INCLUDES OTC DROPS, SPRAYS, AND OINTMENTS/CREAMS

It is important to document all medical conditions past and present. This will assist us in treating your child should a medical situation arise. If your child is temporarily being taken off medication for the summer, please make us aware of this as well. Lastly, please make note of any allergies that your child has been diagnosed with and/or treated for including bee stings, environmental, and food allergies.

At this time flu-like viruses remain on the rise. If your child is sick the day he/she is scheduled to come to camp...PLEASE DO NOT SEND YOUR CHILD TO CAMP. Day Campers who present flu-like or any other symptoms of illness will be sent home immediately. Resident Campers who are ill will be quarantined in the health center and monitored, parents/guardians will be notified, and we will make a decision whether the child needs to see a local doctor or sent home. Symptoms include but are not limited to: nausea, vomiting, diarrhea, and fever or chills. This is to ensure the safety of all campers and staff.

As per the Putnam Health Department, aerosol type sprays are not allowed at camp! This includes sunscreen and bug spray. There are pumps and lotions that are equally effective and eliminate the possibility of an accidental spray in the eyes. Any aerosol (spray) cans will be removed from the camper's possession, labeled with their name, and held in the medical center until the child returns home. The camper may go to the health center to use their sprays, but we prefer that you send non-aerosol products.

Thank you for your cooperation as we look forward to a fun, safe and healthy summer with your child!

Sincerely, Tracy Larson RN, Camp Health Director

Sunscreen and Bug Spray

Please make every attempt to apply sunscreen and bug spray to your child prior to morning drop off at camp.

Counselors and staff make every effort to recognize signs of overexposure to the sun, however our counselors are not responsible for reapplying sunscreen to campers on a regular basis. Hats and sunglasses are welcome and encouraged as well.

Make sure you sign the Health Form section for Sunscreen! That enables your child to carry and apply their own throughout the day.

Mosquito and tick-borne illnesses are on the rise, please apply bug repellant to your child and send them with it to Camp so we can re-apply when we help them with their sunscreen.

If you have any specific requirements, please write them on the health form or in a letter to us.

Camper Groups

Campers are grouped by the grade they just finished and by gender. Kiddie Camp and Senior Camp groups are co-ed.

If you have a request for your camper to be grouped with a specific friend or friends, please let us know ahead of time so we can arrange the groups accordingly.

If you have other special group requests, just e-mail or call the Program Staff at the office - 845-878-6662.

If your child is unhappy in their group and would like to switch, they need to bring it to the attention of the program staff. We will do our best to accommodate group switches as long as we can do so and remain in the appropriate supervision ratios. We highly encourage campers to make new friends while they are at Camp and our staff is trained to help facilitate that.

Safety and Emergency Procedures

Camp Herrlich has a comprehensive series of safety and emergency procedures. All visitors must report to the program office and during our busiest times of day, we have a staff member stationed in our security booth at the bottom of our driveway. We take the safety of our campers very seriously, we expect to see ID when people are picking children up, and we check identification against the authorized pick up list that parents provide.

Our emergency procedures are specific to different scenarios - Fire, Lost Camper/Swimmer, Medical Emergency, and Severe Weather, and are signaled to the campers and staff through the use of airhorns and the PA system here. We review our emergency procedures and the campers' responsibilities every Monday morning at Day Camp orientation. We also do a safety drill at the beginning of every week. Any situations that need to be communicated to Parents will be done so through e-mail and/or handouts given out at the road.

Food Service

Lunch and snack are included every day in your Summer Day Camp tuition. Please see the menu at the back of this handbook for what is being served on a daily basis. This menu is subject to change dependent on our suppliers, but will not deviate too far. You are welcome to send food with your child if you feel that they will need additional snacks during the day or if you think they will not like what is being served that day. Usually, there is a secondary option available and that can include cereal or sandwiches.

We are happy to accommodate medically necessary dietary restrictions and we need advance notice to be able to do so, so please return your campers' medical forms and camper questionnaire with those restrictions specified as soon as you can.

8:45-9:15am:	Drop Off and Welcome
9:15 - 9:30am:	Morning Flagpole and Announcements
9:30 - 10:30am:	Activity Block 1
10:30 - 11:30am:	Activity Block 2, Free Swim Session 1, usually for the younger side
11:30 - 12:00pm:	Lunch Group 1
12:00 - 12:30pm:	Lunch Group 2
1:00 - 2:00pm:	Activity Block 3, Free Swim Session 2, usually for the older side
2:00 - 3:00pm:	Activity Block 4, Free Choice Block 1 on Tuesdays and Thursdays
3:00 - 4:00pm:	Activity Block 5, Free Choice Block 2 on Tuesdays and Thursdays
4:00pm:	Afternoon Flagpole and Dismissal!

Canteen will happen sometime in the afternoon, dependent on the group's schedule. Parents do not receive copies of the campers' schedules. If you have any questions about upcoming activities, please call or e-mail us - 845-878-6662 or jvanacoro@campherrlich.org

Canteen Information

An Afternoon Snack is included with your child's Camp experience. Each day we will provide a dry good such as pretzels, popcorn, SunChips, etc. and a fruit option such as canned peaches/pears/pineapple, applesauce, or a whole apple or orange.

There are also other items available for sale at the Camp Store – candy, drinks like Gatorade and bottled water, ice cream, and Camp Herrlich souvenirs. We have found that the campers love being able to bring their money to the Camp Store to buy their snack or souvenir, (see attached Camp Store Price List for the items we have to offer), but if you are more comfortable sending in the money directly to the office, here are the procedures:

Send them with cash or a check which they can deliver to the office, or call with a credit card. We will keep track of how much they spend and if there is any left at the end of the session, we will either return it to the camper before they finish their Camp sessions or credit the family account.

Check out the next page for the Camp Store Price List, we have some really cool new stuff this year - Snack & Drink Cups, Light-Up Bracelets, great soft t-shirts with new slogans, and a whole bunch of new Beastie Babies!

Waterfront Information

- Every group has one hour of Free Swim every day and MAY have an additional hour of Swim Fun each week.
- Campers are swim-tested on Monday of each week of Camp, therefore they may not get their full free-swim time on that day.
- Campers are tested into Shallow, Intermediate, or Deep, depending on guidelines from the American Camp Association and the New York State Department of Health.
- The Deep test involves swimming out to our dock on the far side of our Deep section, approximately 20 meters. Campers must then be able to climb up onto the dock without assistance, re-enter the water, tread water for 30 seconds, and swim back to the shore with no assistance.
- If Campers cannot complete the Deep test, they are placed into the Intermediate section and can swim and play there. They are welcome to re-test for Deep each week that they are at Camp.
- Our water is tested every week by the Putnam County Health Department to ensure the health and safety of our campers and staff.

At Free Swim, there are always 4 lifeguards on duty and we strongly encourage our counselors to get in the water with their campers as well.

Camp Store Price List

Short Sleeve T-Shirt:	\$10.00
Short Sleeve T Shirt w/Slogan:	\$15.00
Rain Slicker in a Bag:	\$14.00
Caps:	\$10.00
Hooded Sweatshirts:	\$25.00
Pajama Pants:	\$25.00
Basketball Shorts:	\$20.00
	\$20.00
Running Shorts:	
Socks:	\$12.00
Flannel Shorts:	\$20.00
String Backpack:	\$6.00
Beastie Babies:	\$6.00
Sunglasses:	\$5.00
Camp Lanyards:	\$3.00
Headbands:	\$4.00
Bandannas:	\$4.00
Carabiners:	\$4.00
Medallions or Dog Tags:	\$4.00
Snack and Drink Cups:	\$8.00
Camp Water Bottles:	\$6.00
Foldable Water Bottles:	\$6.00
Camp Travel Mugs:	\$9.00
Light-Up Bracelets	\$4.00
Lip Balm:	\$4.00
Flashlights:	\$5.00
Wristbands:	\$5.00
Plush Bookmark:	\$3.00
Food Items:	\$1.00

ANTI-BULLYING STATEMENT

Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else. Bullying can also happen through cyberspace: through the use of e-mails, text messaging, instant messaging, and other less direct methods. This type of bullying can also lead to persons being hurt during or between the camp seasons and be especially hurtful when persons are targeted with meanness and exclusion.

At Camp Herrlich, bullying is inexcusable, and we have a firm policy against all types of bullying. Our Camp philosophy is based on our mission statement which ensures that every camper has the opportunity to grow in an awareness of themselves, the rich diversity of the natural world and their role in the global community, to develop ethnic harmony, environmental stewardship, and community service in an atmosphere of acceptance and love. We work together as a team to ensure that campers gain self-confidence, make new friends, and go home with great memories.

Unfortunately, persons who are bullied may not have the same potential to get the most out of their camp experience. Our leadership addresses all incidents of bullying seriously and trains staff to promote communication with their staff and their campers so both staff and campers will be comfortable alerting us to any problems during their camp experience and between camp seasons. Every person has the right to expect to have the best possible experience at camp, and by working together as a team to identify and manage bullying, we can help ensure that all campers and staff have a great summer at Camp Herrlich.

The importance of the physical and emotional safety of each and every camper and staff member is paramount to our camp and the American Camp Association (ACA) mission. We try to identify critical concerns that are important to our campers and staff. We take the issues of bullying and violence in our culture very seriously.

We encourage you, as parents, to please let us know about any particular bullying concerns you may have for your child or any off-season, camp-related emails, instant messages, or text-messages that may have led to exclusion or meanness towards your child by somebody else in camp. We want to ensure that this problem can be managed by a strong partnership between our camp and you.

If you have any feedback for us that you think would be helpful, we would appreciate hearing from you.

We look forward to having your child with us at camp this summer.

Positive Behavior Management

Our rules and expectations for our campers will be clearly explained to them at their level so that they have a good understanding of positive behaviors we expect while they are with us. We strive to set children up for success and be proactive about creating the kind of environment where our campers get along, solve problems, and grow in their relationships with their peers and with our staff.

In this handbook is a copy of the Camper Rules that you and your child signed and returned to us. We work toward positive conflict resolution where children can talk out their issues and learn better ways to deal with the diverse people they encounter. Our staff participate in an extensive orientation before every summer, including workshops on conflict resolution, behavior management, Dynamic Discipline, positive culture, health, safety and nutrition workshops, and communication.

Safety is one of our top priorities. If campers are consistently engaging in behaviors that are against our rules, despite the behavior management interventions of our staff, there are a series of consequences that will be put into place that include write-ups at the Program Office. If your child's behavior gets to that point, the program staff will review the procedures for our behavior intervention plan. Parents will be informed of ALL camper write-ups, either by phone or in person at pick up time. There may be times where we call you to come pick up your child early to help them avoid further behavior consequences. If you have any questions about any of this, please give us a call.

We want your children to succeed! Any information you can give us about any behavioral challenges they face would be appreciated. We also like to have consistency with home and school, so if you or your child's teacher are using a specific set of reinforcers or any kind of behavior management plan, let us know so we can participate as well.

INCLUSION STATEMENT

MTOM does not discriminate against employees and campers on the basis of race, creed, religion, color, national origin, gender, gender identity and expression, actual or perceived age, citizenship, alienage, disability, marital status, or sexual orientation.

CAMP HERRLICH Camper Rules

Please review the "Camper Rules" with your child so they are familiar with the camp's expectations prior to arrival.

• I will listen to my counselor.

• I will remain with my group at all times. A violation of this rule may lead to immediate dismissal from camp.

• I will respect myself while at camp and make my experience the best it can be by being positive, making new friends, and trying new things.

• I will speak in a manner that is appropriate and respectful. I will do my best to use positive language only and build up my fellow Campers instead of bringing them down.

• I will respect the property of the camp, the possessions and personal space of others, and every other camper and staff member's differences, especially people who look, think, or act differently from me.

- I will not deface any camp buildings or damage any camp property.
- I will respect and care for all living things at camp.
- I will keep myself and my fellow campers and staff members safe.

• I will not bring cigarettes, alcohol, drugs, firearms, knives, or weapons of any sort onto the camp property.

A violation of this rule will lead to immediate dismissal from camp.

• I will not fight. A violation of this rule may lead to immediate dismissal from camp.

• I understand that girls do not go into the boys' village or bathrooms, and boys do not go into the girls' village or bathrooms, and that no one is to be in or around the cabins unless there is a counselor there.

• I will not touch any piece of safety/emergency equipment, i.e. FIRE ALARMS, FIRE EXTINGUISHERS, AIR HORNS, WALKIE-TALKIES. A violation of this rule will lead to immediate dismissal from camp.

• I will NOT bring cell phones, iPods, or any other electronic device to camp.

I will listen to and obey all the rules of orientation given on the first day of camp. WE UNDERSTAND THAT PARENTS/GUARDIANS AND CAMPER WILL BE HELD RESPONSIBLE FOR CAMPER'S ACTIONS AT CAMP. WE UNDERSTAND THAT PART

OF THE CAMPING EXPERIENCE INVOLVES ACTIVITIES AND GROUP LIVING ARRANGEMENTS AND INTERACTIONS THAT MAY BE NEW TO MY CHILD, AND THAT THEY COME WITH CERTAIN RISKS AND UNCERTAINTIES BEYOND WHAT MY CHILD MAY BE USED TO DEALING WITH AT HOME. I AM AWARE OF THESE RISKS AND I AM ASSUMING THEM ON BEHALF OF MY CHILD. I REALIZE THAT NO ENVIRONMENT IS RISK FREE AND SO I HAVE INSTRUCTED MY CHILD ON THE IMPORTANCE OF ABIDING BY THE CAMP RULES. MY CHILD AND I BOTH AGREE THAT HE OR SHE IS FAMILIAR WITH THESE RULES AND WILL OBEY THEM. FAILURE TO ADHERE TO THESE RULES MAY RESULT IN IMMEDIATE DISMISSAL FROM CAMP WITH NO REFUND OF CAMP FEES.